

Kosher Shopping & Dining



A supplement compiled by Manuela Bernstein. Cell 082-951-3838, (011) 023-8160 or e-mail: manuela@global.co.za

UOS: Leadership based on Torah values

The Union of Orthodox Synagogues (UOS) is the co-ordinating organisation of Orthodox synagogues throughout South Africa. It is the largest Jewish religious organisation in the country and caters to the needs of the entire community.

DARREN SEVITZ
CEO UNION ORTHODOX SYNAGOGUES

OUR VISION and mission, is "to provide the infrastructure and religious leadership for a vibrant community, based on Torah values".

The UOS kashrut division supervises the production of kosher foodstuffs to the highest possible standard. There are approximately 1 500 companies, 10 000 products, and over 70 000

ingredients under constant kashrut supervision controlled by the Beth Din. This is an ongoing process, which is carried out by our busy and dedicated kashrut staff.

Our roving team of rabbinic kashrut inspectors perform over 3 500 detailed inspections of factories and facilities on an annual basis, including abroad.

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Feigel's - a shop truly motivated by tradition

FEIGEL'S IS A shop motivated by tradition. Its incredible journey began in 1969 when Feigel Zaslansky started the shop with her two children, Jos and Patsy, who still run the family business today.

Feigel's opened its doors in Rocky Street in Yeoville and 13 years later moved to Raleigh Street opposite the swimming pool where they met the needs of a very strong Jewish community in the area.

Unfortunately Feigel herself passed away shortly before the move. During this time, as the Jewish community moved further north, a satellite store was opened by Feigel's two granddaughters in the heart of Glenhazel.

About 16 years ago the main store moved out of Yeoville to the Bramley Gardens Shopping Centre. As the business continued to grow and with a need for a bigger kitchen, Feigel's again moved - three years ago - but this time to Lyndhurst Discount Centre, where we continue to grow.

In an ever changing world some things (fortunately) stay the same and Feigel's continues to be a family business with Jos and Patsy running

the shop, Jos's wife in administration and his sister-in-law running the Glenhazel branch.

Feigel's also boasts a large selection of party platters, an assortment of frozen soups and also a selection of frozen and fresh foods for vegetarians. It can supply Mehadrin on request. It inter alia supplies Checkers and Pick n Pay.

It has been many years since the shop was started and Feigel's continues putting traditional Jewish food on dining room tables across the country.





Frozen Foods

42 YEARS OWNED AND MANAGED
BY THE ORIGINAL FAMILY AND STILL
BAKING FEIGEL ZASLANSKY'S
SECRET BAGEL RECIPE!

WE NOW DO PLATTERS FOR YOUR
SIMCHA, CORPORATE FUNCTION
OR ANY OTHER SPECIAL OCCASION.

3 LYNDHURST DISCOUNT CENTRE
CNR JOHANNESBURG & MODDERFONTEIN ROADS, LYNDHURST
TEL: (011) 882-5305 • FAX: (011) 882-7223

SHOP 3 QUEEN'S PLACE, KINGSWOOD ROAD
GLENHAZEL - TEL: (011) 887-1364

Come and join us for some wonderful World Cup winter warmers!

Rusta will delight you with a brilliant range of coffees and hot drinks from the coffee bar and Fran's delicious soups and curry are a must to warm you up from inside out!

Don't forget to indulge in a sweet treat from the pastry table filled with old-time favourites and some new delicious dares!

'Home made with Love'



FRANJELICAS

COFFEE SHOP, DELI & CATERING

5 Long Avenue Glenhazel 2192 | Tel: (011) 887-7675

KOSHER SHOPPING & DINING

Loving Nature combines healthy eating and kashrut

OUR MAIN DRIVE is to assist people to take control of their health, by taking control of their diet, and the kosher diet presents even more challenges.

We have less variety, more time shopping and checking. It can be very difficult - and then you have families where you have to shop and cook separately for our allergic children, or a husband suffering from high cholesterol.

There are many reasons for unhealthy eating habits. In today's rushed world, with all the best intentions, most people eat more refined "fast food" that takes little preparation and therefore less time is spent in the kitchen.

Our love of sweets, cold drinks, crisps... all are non-nutritive and can be very unhealthy.

There is generally a lack of information on foodstuff labels and of course the pesticides, fertilisers and genetic modification that is the order of the day.

There is a lot we can do to improve our families' health without breaking the budget or spending all day cooking - and this is where we come in.

We source and supply organic and kosher products that are healthy and nutritious and we have loads of knowledge about health and nutrition.

We also stock different ranges of kosher vitamins, supplements and herbal medicines.

Our staff are friendly and informative, with a highly qualified health consultant who knows kashrut, on hand to see to your needs.



Good news: Kleine Draken has a new Kiddush wine

AFTER AN EVENTFUL 2010 harvest, Kleine Draken is very happy to report that the grapes were of a high quality enabling them to create a superior range of 2010 vintage.

We have a new member to our Kleine Draken range of kosher wines... please welcome our Kleine Draken Natural Sweet Red. After the success of our Natural Sweet White, we have had a lot of requests for a Natural Sweet Red wine (also with a low alcohol of 8,5 per cent).

Our Kleine Draken 2010 Sauvignon Blanc and Kleine Draken 2010 Chardonnay, have been bottled and are available at selected liquor merchants, supermarkets and hyperstores. Both these wines have been bottled with a screw cap.

Our Kleine Draken 2010 Natural Sweet White is also available.

Feedback from our market indicated that our customers prefer a sweeter style of Kiddush wine. We have complied and our new batch of Kiddush wines conforms to this requirement. We are now using cane sugar in these sweeter wines and have altered the labels accordingly. The label now states "Sacramental Red" and on the back label "contains cane sugar".

Come and visit us. We are situated in Paarl (± 70 km from Cape Town) and open for wine tasting and sales from Monday to Friday 08:00 - 16:00. We are closed on weekends, public and Jewish holidays.



LOVING NATURE Health Shop & Therapy Centre

We stock a variety of kosher supplements and vitamins for adults, teens and children.

Gluten-, wheat- & egg-free products.

Our new address

Genesis Centre Entrance 2
Next to the florist

Cnr Bradfield Drive and Livingston Rd

Tel/Fax : (011) 640-3999

Hey Sweetie!



Try our new well balanced, low alcohol,

Natural Sweet Red Wine

to complement any meat or pasta dish!

(8.5% Alc. Vol.)
PRODUCED BY:
ZANDWIJK WINES (PTY) LTD

ALL OUR PRODUCTS ARE
KOSHER & KOSHER FOR PASSOVER.

KLEINE DRAKEN

REGIONAL AVAILABILITY:

GAUTENG: Sandringham Spar, Tops Spar - Norwood, Bootleggers - Lombardy, Pineslopes Spar, Checkers - Balfour Park, Metzuyan Restaurant - Rosebank, Faff Restaurant - Norwood, Groenkloof Spar.
GAUTENG: Contact Person: Mr. Leslie Berman, Tel: (011) 483 3118 or 084 616 3410, Email: leslie@great-wines.co.za
WESTERN CAPE: Checkers - Meadowridge, Checkers - Sea Point, Shoprite - Milnerton.
WESTERN CAPE, KWAZULU-NATAL, EASTERN CAPE: Contact Person: Stephanie Swart, Tel: (021) 863 2368, Email: swarts@capegate.co.za

Tel: +27 (0)21 863 2368

E-mail: zandwijk@capegate.co.za

www.kosherwines.co.za

KOSHER SHOPPING & DINING

Homely's Factory Outlet, for crazy bargain prices

Stockists of a wide range of houseware and kitchenware at crazy bargain prices, Homely's Factory Outlet, situated in the heart of Fairmount, was opened in September 2009 just before Succot, to the public, traders and independents.

Whether you are shopping for home, shul, companies or restaurants, you will find a huge range at reasonable prices and for every occasion, including bar/batmitzvahs, weddings and all your simchas.

Homely's Factory Outlet also has a division that distributes a wide range of products like industrial pots, urns, cutlery, and cleaning equipment etc, to shops, caterers and hotels. Some of the products include Pyrex and Corningware, tablecloths, runners and serviettes, vases, giftwrap and bows, extension cords and computer accessories, gifts, streamers, disposable party packs, and cups, tot glasses and cutlery, brooms, brushware, scourers, to name but a few things.

We can help source products from all over the world that one can't get in South Africa and we can import special products, for example, Japanese knives and lots more.

Our running specials:

- 5% sale on all Pyrex dishes
- 70m heavy duty foil only R75 (with Kosher stamp).

Visit us now for lots, lots more.

10 Bradfield Drive
 Shop 7 Fairmount Rendezvous
 (next to Shula's and Moishe's)
 Operating hours:
 Monday - Thursday: 08:30 till 16:45
 Friday: 08:00 till 14:00
 Sunday: 09:00 till 12:30
 You can place your orders online.
 E-mail: jonathan@homelys.co.za



Homely's

WINTER SALE
 (TILL JULY 23)

Homely's stocks a wide range of products, from cooking and cleaning to disposable and houseware products.



1L Flasks
 Stainless steel
 SALE—R79,00



Kosher lamps
 R369,00 incl



Promo Broom
 SALE—R16,00



Platform broom
 450mm
 SALE—R42,00



Grape juice 1.89lt
 only R69,50 incl



Terry toweling kitchen towel & swab
 Kitchen towel - R12,50
 Kitchen swab - R5,50

We now stock kosher sweets!



Dome grip mop
 SALE—R35,00



1.9L Thermos pump pot
 SALE—R99,00 each

Please place your orders: jonathan@homelys.co.za or call (011) 485-5798 - while stocks last



Purely fresh for YOUR CONVENIENCE!

At Fruit & Veg City Sandton, situated in The Wedge shopping centre, we appreciate how challenging keeping kosher can sometimes be for our Jewish clientele.

That is why we try and make your life a little bit easier with a variety of fresh produce for Shabbos, as well as a wide range of pre-packed bug free-greens from Eitan Vaal Farm to save you time and provide you with peace of mind.

We also specialise in market fresh flowers at wholesale prices to liven up your home, or to buy as a gift for family or friends.

Select your flowers and our friendly florist will arrange your floral mix for you while you shop.

Our customers have always enjoyed the convenience of buying fresh produce for Yontavim from us, and our weekly specials and combos make it easy and affordable to cater for large simchas.

Fruit & veggie platters as well as prepared salads are also available on request, providing a selection of the freshest produce in season, and all you pay for is the produce used, the preparation being free of charge.

So visit the Fruit & Veg City store in Sandton's The Wedge shopping centre for a fresh produce retailer that understands the unique needs and necessities of the Kosher home! Ben Rubin, the store owner, will be more than happy to assist with any special requests or advice needed, and his "can do" approach should make most requests possible.



KOSHER SHOPPING & DINING



BerryBright Guesthouse ב"ה
KOSHER

Situated in Highlands North, across the road from Sydenham Shul.

Your home away from home.

Wake up to a splendid breakfast and enjoy your morning coffee on the patio.

Each guest room is en-suite and totally private, looking out onto settings of the garden.

Secure parking for your vehicle while staying with us.



Contact your host and owner Barry Lewis

(011) 262-3691 (office hours) | 072-412-2801 (cell)

(011) 485-1389 (B&B) - Not on Shabbos

berrybright1197@gmail.com

BerryBright Guesthouse brings you bright kosher service

BerryBright Guesthouse is a newly-established kosher bed and breakfast in the quiet 'Jewish' suburb of Highlands North in Johannesburg.

The B&B is centrally situated to all highways and shopping centres.

BERRYBRIGHT IS within walking distance to shuls in the Genhazel and Sydenham area and is in fact across the road from Sydenham Shul.

Your host of this Shomer Shabbos guesthouse, is Barry Lewis, owner of the B&B, who also runs it "hands on". He looks forward to ensuring a home-from-home experience for his guests.

Four guest suites as well as a private executive suite, are available.

All rooms include television, bar fridges, a kettle, tea tray and a Shabbos lamp.

Note that check-in erev Shabbos and Yom-tov is not later than 45 minutes before candle-lighting.



Above: Rabbi Yossy Goldman of the Sydenham Highlands North Shul, affixes a mezuzah to the doorpost of Barry Lewis' (left) kosher bed and breakfast - BerryBright - in Highlands North, Johannesburg. Right: Rabbi Ron Hender with Barry Lewis.



where
COOL girls
meet

We Deliver



27 Aintree Ave
Savoy Estate, Savoy
011 885 1496/1566

KOSHER SHOPPING & DINING

Thrupps, still the landmark, exclusive grocery store

MARLENE BILEWITZ

C H THRUPP opened the first shop in Eloff Street Johannesburg in 1892, later moved to Rosebank where it became a landmark exclusive grocery store where one was guaranteed to be able to get imported delicacies and the best quality food in town. It has now for many years been situated in Thrupps Centre, Illovo.

This newly revamped centre offers visitors 45 minutes' free secure undercover parking and a clean and stylish atmosphere in which to do their shopping.

Thrupps is conveniently situated in the heart of the Jewish community and continues to offer that old-fashioned personal service rarely found today. Besides the normal grocery shopping available, there are unique imports to Thrupps from Israel and

the US and one is always able to cater to those special calendar events when Thrupps will overindulge all the senses and tempt you with delicious, beautiful and rare treats.

When exhausted from shopping, you can pay your bill and walk straight into their adjoining restaurant which offers real good and tasty value for money. They have organically grown Ethiopian coffee, delicious cakes and breakfasts and lunches to die for.

Also adjoining the restaurant is the most enjoyable gift shop with a huge range of truly tempting gifts for friends and family - or for yourself!

The address to look out for:
Shop L4 Lower ground floor
Thrupps Centre
204 Oxford Road, Illovo.
Tel: (011) 268-0298.



'Hand Painted By Carmel' a signature of note

"HAND PAINTED BY CARMEL" was established in 1997 by Carmel and Benjy Stoch, a brother and sister team, which in the past decade, has become a name renowned for distinctive signature table cloths, covering tables across the world.

The birth of Hand Painted By Carmel happened by chance when Carmel graduated from The Ruth Prowse School of Art in Cape Town. One of Carmel's textile designs gained the recognition of an esteemed fabric buyer who immediately bought it and put it into production. This inspired Carmel to develop her talent and style and soon created her own range of designs.

Carmel's artistic influences include Matisse for colour and Kandinsky for basic, yet simple, form, which would propagate the basis of her "less is more" distinguishable style. Colour plays a key role in addition to the juxtapositions of unusual shades such as pink and orange.

The next stage for Carmel was to turn her talent into a thriving business. Her brother, Benjy, a successful businessman within the restaurant industry from Johannesburg, realised the great potential and joined forces to drive the business forward.

Carmel and Benjy created a signature product which would become the unique selling point of Hand Painted By Carmel: the hand-painted coated tablecloth. Carmel's designs, which are painted onto 100 per cent raw bull denim cotton, are coated with a specially developed coating, making them completely stain and liquid resistant.

These specialised tablecloths never need to be laundered: simply wipe them down after use.

The result was an artistically designed, custom-

ised hand painted product with complete functionality. In particular, the restaurant industry has recognised this useful, creative and cost saving product.

Through the rest of the late '90s into the 2000s, Carmel and Benjy set up two Hand Painted By Carmel shops in Benmore and Linksfield Shopping Centre in Johannesburg, selling their hand-painted coated tablecloths, placemats, chair cushions and aprons.

In addition to the stores, Hand Painted By Carmel has supplied hundreds of restaurants with customised designs which can be seen all over South Africa, the UK, Australia, America and Canada.

Carmel is the designer and artist of the team and has the support of a formidable, trustworthy, loyal and talented staff, including a painting team of 27 women in Cape Town, where the factory and coating machine is based.

Over the past 13 years, Benjy and Carmel have established a company which is truly "Proudly South African" in every way, and continues to inspire with creativity, energy and a brand, which has positive association with all who come to know it.

Martine Wulfsohn and her super Benmore staff, and Benjy with his Linksfield team would be happy to show you this completely exotic range

You can visit Hand Painted by Carmel at Linksfield Terrace Shopping Centre in Johannesburg, tel: (011) 346-2180, or Shop G27 Benmore Gardens Shopping Centre in Johannesburg, tel: (011) 783-2766 or contact the company at the e-mail contact@handpaintedbycarmel.com



GROCCERS OF DISTINCTION SINCE 1892



Mosmarks Matzos @ wholesale price R18,99 each less 10 per cent on case lots

Thrupps offers a wide variety of imported and local kosher products with a delivery service that will cater to all your needs.

Shop L 4, Lower ground floor, Thrupps Centre
204 Oxford Rd, Illovo, Johannesburg.
Tel: (011) 268-0298 Thrupps Centre



Hand Painted by Carmel
The Coated Tablecloth Company



Hand Painted Coated Tablecloths ✿ Placemats
Runners ✿ Chair Cushions ✿ Pool loungers
Shoppers ✿ Bags ✿ Aprons

Beautiful NEW range on its way!

Bring this advert into stores and receive a complimentary SET OF PLACEMATS with any purchase over R100 Offer lasts until 31 July 2010



Benmore Shop 011 783 2766 • Linksfield Shop 011 346 2180
www.handpaintedbycarmel.com • contact@handpaintedbycarmel.com

KOSHER SHOPPING & DINING

UOS: Leadership based on Torah values

Continued from page 17

The kashrut division supervises over 50 kosher establishments in Johannesburg and Cape Town for the benefit of our community, and has the highest number of kosher establishments per head outside of Israel (and perhaps New York).

Kashrut information has never been more accessible. The countrywide dissemination of our free annual pocket-size kashrut guide, ensures that every kosher consumer has access to the complete list of products no matter where.

For the more technologically minded, our world-class search engine on our website, www.uos.co.za, updated daily, provides real-time information on the status of all kosher lo-

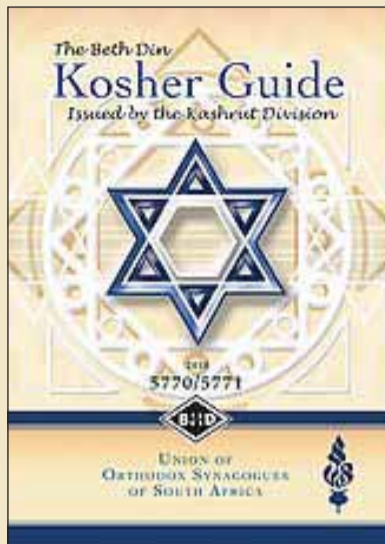
cal products and many imported favourites. A cellphone real-time search is also available on WAP-enabled cellphones (uos.co.za/mobi).

Dedicated kashrut staff are available during working hours to take your queries, in both Johannesburg (011) 214-2600 and Cape Town (021) 461-3610.

Regular updates, alerts and bulletins are e-mailed to the community, keeping you abreast of developments and the latest news in the world of kashrut.

We are dedicated to making kashrut as easy and accessible to our community as possible.

With our comprehensive range of services to the Jewish community of South Africa, the UOS is, "each day, in some way, working for you".



Living in a KosherWorld

KosherWorld opened with great excitement this week in Glenhazel in Johannesburg.

THIS UNIQUE STORE is surely set to become the champion for the kosher consumer. Apart from a complete range of both food and non-food products at competitive prices, it has followed the policy of not having any food preparation done in the store, and rather inviting a multiple number of bakeries and butcheries to supply their products.

The typical kosher consumer goes to a specific outlet and even if the product is not the best or is not competitively priced, that consumer will not go to another store, because of the inconvenience of having to visit a multiple number of stores and so they will buy whatever is available at whatever price.

KosherWorld provides a one-stop opportunity for the shopper to see different products from different suppliers at different qualities and different prices. The management of KosherWorld believe that by providing a beautiful and convenient store stocked by multiple suppliers, the kosher consumer has the choice.

With its convenient location, excellent facilities and service, a full range of high quality products and competitive prices, the kosher consumer will surely be the winner.

KosherWorld is situated at 1 Long Avenue in Glenhazel in Johannesburg. The telephone number is (011) 440-1402, fax 086 602 2285, or e-mail www.kosherworld.co.za

Kashrut - more than merely meets the eye

KASHRUT IS the body of Jewish law dealing with what foods we may and may not eat, and how those foods must be prepared and eaten.

"Kashrut" comes from the Hebrew root "Kaf-Shin-Resh", meaning fit, proper or correct. It is the same root as the more commonly known word "kosher," which describes food that meets these standards. The word "kosher" can also be used, and often is used, to describe ritual objects that are made in accordance with Jewish law and are fit for ritual use.

There is no such thing as "kosher-style" food. Kosher is not a style of cooking. Chinese food can be kosher if it is prepared in accordance with Jewish law. Jewish foods like knishes, bagels, blintzes, and matzah ball

soup, can all be non-kosher if not prepared in accordance with Jewish law.

When a restaurant calls itself "kosher-style", it usually means that the restaurant serves these traditional Jewish foods, and it almost invariably means that the food is not actually kosher.

Although the details of kashrut are extensive, the laws all derive from a few fairly simple, straightforward rules:

1. Certain animals may not be eaten at all. This restriction includes the flesh, organs, eggs and milk of the forbidden animals.
2. Of the animals that may be eaten, the birds and mammals must be killed in accordance with Jewish law.
3. All blood must be drained from the meat or

broiled out of it before it is eaten.

4. Certain parts of permitted animals may not be eaten.
5. Meat (the flesh of birds and mammals) cannot be eaten with dairy. Fish, eggs, fruits, vegetables and grains can be eaten with either meat or dairy. (According to some views, fish may not be eaten with meat).
6. Utensils that have come into contact with meat may not be used with dairy, and vice versa. Utensils that have come into contact with non-kosher food may not be used with kosher food. This applies only where the contact occurred while the food was hot.
7. Grape products made by non-Jews may not be eaten.

A pub-style eatery with pizzas to die for



"NEXT DOOR", situated at 80 Grant Avenue, corner 11th Avenue, in Norwood, Johannesburg, specialises in Italian-type food. The price of an average main course is R85 and we charge R60 for corkage.

We are open for lunch and dinner, Sunday to Thursday; lunch Friday and dinner Saturday. Our telephone number for bookings is (011) 728-2577.

You'll have to squash in here as this easy eatery is buzzing!

There's a hive of activity around a big-screen TV and a rustic wood-burning pizza oven that turns out thin bubbling base crusts with exotic toppings - think blue cheese, roasted beetroot and brown onion marmalade or sage, butternut and ricotta cheese - or create your own masterpiece from a selection



of 41 ingredients.

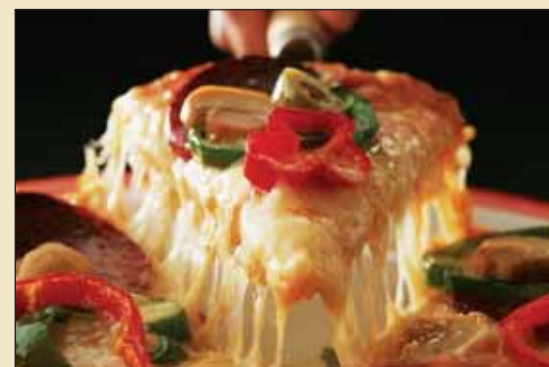
The menu crosses cultures and cuisines with ease - it's about friendly favourites: nachos, fresh green asparagus with parmesan shavings, bagels and wraps.

We also boast a well-stocked bar.

Management is hands-on and they enthusiastically oversees staff to ensure smooth and competent service.

Families, young couples and groups of friends, make up a cheerful crowd most nights of the week. This pub-style establishment is child-friendly and unfussy.

And on top of it, this is a lively watering hole - a fun place where you can quench your thirst and sate your appetite.



011 728 2577
next door

• **New Wi-Fi**
at Next Door Pizza

- All your business requirements
- Speedy light lunches
- Come in and watch all the games on our big screen TV
- Book for functions
- www.next-door.co.za

coming soon

Barrios burgers!!
look forward to
the best burgers

call to book now
Steven 079 382 9902



22⁹⁹

Staysoft Assorted Fragrance 2 ltr



39⁹⁹

BabySoft 2 Ply (9's)



16⁹⁹

Sunlight Dishwashing Liquid 750ml



15⁹⁹

Cadbury Choc Slab Assorted Flavours 180g



32⁹⁹

Sunlight Washing Powder 2kg



48⁹⁹

Nescafe Classic Coffee 200g

90⁰⁰ /kilo

Chopped Herring

90⁰⁰ /kilo

Kichel

Great Savings

18⁹⁹

Friends Humus 250g

19⁹⁹

Dairy World Chalav Yisroel Milk full cream/low fat 2 ltr

78⁹⁵ /kilo

Nussbaums Warshawer Polony garlic/plain

22⁹⁹

Gedilla Kasher Sweets Assorted flavours

Valid from 8 July to 11 July 2010
 Open Monday to Wed 07h00 - 19h00
 Thursday 07h00 - 20h00
 Friday 07h00 - 15h00 / 2 hours before Shabbas
 Motzi Shabbas - 1/2 after Shabbas for 2 hours
 Sunday 08h00 - 15h00



KosherWorld™
 grocer • deli • breads